



Office for Inclusion &  
Intercultural Initiatives  
MICHIGAN STATE UNIVERSITY

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**DIFFERENT  
TOGETHER.**

# 4 forms of oppression

**Individual Oppression** Conscious or unconscious beliefs.

**Interpersonal Oppression** Unequal treatment of people in different identity groups.

**Systemic Oppression** Institutional inequity that privileges some while oppressing others.

**Cultural Oppression** Sense of inferiority or superiority based on perceived cultural group.